



Offshore Norway to STCW Basic Safety Training for Seafarers

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AVAILABLE LANGUAGES

English, Norwegian

The course provides the additional knowledge and practical training required to upgrade from Offshore Norge Basic Safety and Emergency Preparedness Training (GSK) to STCW Basic Safety Training for Seafarers. The training covers the competence requirements of STCW Tables A-VI/1-1, A-VI/1-2, A-VI/1-3 and A-VI/1-4.

Essential Information

Prerequisites

Participants must provide documentation of a valid Basic Safety and Emergency Preparedness Training (GSK) certificate completed in accordance with the Offshore Norge training standard.

Who is it for?

Seafarers who will serve onboard a vessel, regardless of position or function, and need to upgrade from Offshore Norge Basic Safety and Emergency Preparedness Training (GSK) to STCW Basic Safety Training for Seafarers.

Assessment

Participants must pass a written test with a minimum score of 80%. The written assessment is designed so that the 80% pass mark meets the Norwegian Maritime Authority requirement for full achievement of the required competence. All required practical exercises must be completed. Participants are observed individually by the instructor during practical exercises. The instructor assesses whether the participant demonstrates the required knowledge, understanding and practical skills in accordance with the applicable minimum competence standards.

Certification

Upon successful completion, a Certificate of Proficiency for Basic Safety Training is issued with an issue date corresponding to the issue date of the participant's Offshore Norge course certificate. The certificate is valid for 5 years from that date.

Course content

• Emergencies and Evacuation

Emergency situations, evacuation procedures and appropriate actions during onboard emergencies.

• Personal Survival Equipment

Use of personal lifesaving appliances and practical survival techniques.

• Survival Craft and Rescue Boats

Use and purpose of survival craft and rescue boats during emergency and abandonment situations.

• Fire Theory

Principles of fire, fire prevention and firefighting.

- **Breathing Apparatus**

Practical use of breathing apparatus during firefighting and in smoke-filled environments.

- **Personal Safety**

Personal safety responsibilities and safe behaviour while working onboard.

- **First Aid**

Basic first aid principles and immediate response to injury or illness onboard.

Key Learning Objectives

01 L01 – Demonstrate competence in personal survival techniques in accordance with STCW Table A-VI/1-1.

03 L03 – Demonstrate competence in elementary first aid in accordance with STCW Table A-VI/1-3.

02 L02 – Demonstrate competence in fire prevention and firefighting in accordance with STCW Table A-VI/1-2.

04 L04 – Demonstrate competence in personal safety and social responsibilities in accordance with STCW Table A-VI/1-4.