



STCW Basic safety training for Seafarers Refresher

Book at maersktraining.com

AVAILABLE LANGUAGES

English, Norwegian

The course refreshes the knowledge, understanding and practical skills required under STCW Basic Safety Training and enables participants to maintain competence in personal survival, fire prevention and firefighting, elementary first aid and personal safety.

Essential Information

Prerequisites

Participants must hold a valid certificate of proficiency for Basic Safety Training or have previously completed Basic Safety Training for Seafarers. The certificate of proficiency must have been issued in accordance with STCW 1978, Regulation VI/1 and the associated competence tables. If the competence has expired, participants must document at least 12 months of sea service within the 5 years preceding the start date of the refresher course.

Who is it for?

Seafarers who require mandatory refresher training for STCW Basic Safety Training. This course is the minimum safety training requirement for seafarers serving onboard vessels, regardless of position or function.

Assessment

Participants must pass a written test with a minimum score of 80%. The written assessment is designed so that the 80% pass mark meets the Norwegian Maritime Authority requirement for full achievement of the required competence. All required practical exercises must be completed. Participants are observed individually by the instructor during practical exercises. The instructor assesses whether the participant demonstrates the required knowledge, understanding and practical skills in accordance with the applicable minimum competence standards.

Certification

Upon successful completion participants will receive a certificate valid for 5 years

Course content

• Emergencies and Evacuation

Emergency situations, evacuation procedures and actions required during onboard emergencies.

• Survival Craft and Rescue Boats

Use and purpose of survival craft and rescue boats during emergency and abandonment situations.

• Personal Survival Equipment

Use of personal lifesaving appliances and practical survival techniques.

• Fire Theory

Basic principles of fire, fire prevention and firefighting.

- **Breathing Apparatus**

Practical use of breathing apparatus during firefighting and smoke-filled conditions.

- **Personal Safety**

Personal safety responsibilities and safe behaviour while working onboard.

- **First Aid**

Basic first aid actions and immediate response to injury or illness onboard.

Key Learning Objectives

01 L01 – Demonstrate competence in personal survival techniques in accordance with STCW Table A-VI/1-1.

03 L03 – Demonstrate competence in elementary first aid in accordance with STCW Table A-VI/1-3.

02 L02 – Demonstrate competence in fire prevention and firefighting in accordance with STCW Table A-VI/1-2.

04 L04 – Demonstrate competence in personal safety and social responsibilities in accordance with STCW Table A-VI/1-4.