



STCW Medical First Aid Refresher

Book at maersktraining.com

AVAILABLE LANGUAGES

English, Norwegian

The course refreshes and maintains the knowledge, understanding and practical skills required to provide immediate medical first aid in the event of accident or illness onboard ship, in accordance with STCW Table A-VI/4-1.

Essential Information

Prerequisites

Participants must have previously completed Medical First Aid training. If the competence has expired, participants must document at least 12 months of sea service while holding a valid course certificate or officer certificate. The sea service is calculated within the 5 years preceding the course start date.

Who is it for?

Seafarers who require refresher training in medical first aid onboard ship. Medical First Aid training is required for officers serving onboard vessels.

Assessment

Participants must pass a written test with a minimum score of 80%. The written assessment is designed so that the 80% pass mark meets the Norwegian Maritime Authority requirement for full achievement of the required competence. All required practical exercises must be completed. Participants are observed individually by the instructor during practical exercises. The instructor assesses whether the participant demonstrates the required knowledge, understanding and practical skills in accordance with the applicable minimum competence standards.

Certification

Upon successful completion you will receive a certificate valid for 5 years in accordance with STCW Table A-VI/4-1.

Course content

• CPR and ABC

Cardiopulmonary resuscitation and systematic casualty assessment using ABC principles.

• Anatomy and Physiology

Basic structure and functions of the human body relevant to medical first aid.

• Spinal and Neck Injuries

Assessment and first aid management of suspected spinal and neck injuries.

• Medical Chest

Contents, purpose and appropriate use of the ship's medical chest.

• Toxicological Hazards

Recognition and first aid management of exposure to toxic substances.

• Burns

Assessment and first aid treatment of burn injuries.



- **Fractures**

Assessment and first aid management of fractures and associated injuries.

- **Radio Medico**

Use of Radio Medico to obtain medical advice and support for treatment onboard.

- **Psychology**

Psychological considerations when supporting casualties during emergencies.

- **Rescued Persons**

Medical first aid and care of persons rescued from the sea.

- **Pharmacology**

Basic pharmacological principles relevant to medical first aid onboard.

Key Learning Objectives

01 L01 – Apply CPR and ABC principles when assessing and treating a casualty.

03 L03 – Explain relevant aspects of human anatomy and body functions.

05 L05 – Provide appropriate first aid for suspected spinal and neck injuries.

07 L07 – Provide appropriate treatment and care to persons rescued from the sea.

09 L09 – Explain basic pharmacological principles relevant to medical first aid onboard

11 Objective

02 L02 – Describe the contents and appropriate use of the ship's medical chest.

04 L04 – Recognise toxicological hazards and apply appropriate first aid measures.

06 L06 – Provide appropriate first aid for burns and fractures.

08 L08 – Use Radio Medico or equivalent medical advice services to support first aid onboard.

10 L010 – Recognise psychological considerations relevant to casualties and emergency situations.